

Pet-to-Human Weight Equivalent Chart

Pomeranian

| Dog's Weight (lbs) | Percentage Overweight | Equivalent Weight 5'4" Adult Female | Equivalent Pounds Overweight - Adult Female | BMI for 5'4" Adult Female | Equivalent Weight 5'9" Adult Male | Equivalent Pounds Overweight - Adult Male | BMI for 5'9" Adult Male |
|--------------------|-----------------------|-------------------------------------|---|---------------------------|-----------------------------------|---|-------------------------|
| 4 | 0% | 108 | 0 | 18.5 | 125 | 0 | 18.5 |
| 7 | 0% | 145 | 0 | 24.9 | 169 | 0 | 25.0 |
| 8 | 14% | 166 | 21 | 28.4 | 193 | 24 | 28.5 |
| 9 | 29% | 186 | 41 | 32.0 | 217 | 48 | 32.1 |
| 10 | 43% | 207 | 62 | 35.6 | 241 | 72 | 35.6 |
| 11 | 57% | 228 | 83 | 39.1 | 266 | 97 | 39.2 |
| 12 | 71% | 249 | 104 | 42.7 | 290 | 121 | 42.8 |
| 13 | 86% | 269 | 124 | 46.2 | 314 | 145 | 46.3 |
| 14 | 100% | 290 | 145 | 49.8 | 338 | 169 | 49.9 |
| 15 | 114% | 311 | 166 | 53.3 | 362 | 193 | 53.5 |
| 16 | 129% | 331 | 186 | 56.9 | 386 | 217 | 57.0 |
| 17 | 143% | 352 | 207 | 60.4 | 410 | 241 | 60.6 |
| 18 | 157% | 373 | 228 | 64.0 | 435 | 266 | 64.2 |
| 20 | 186% | 414 | 269 | 71.1 | 483 | 314 | 71.3 |

