

## Pet-to-Human Weight Equivalent Chart

### Mastiff

| Dog's Weight (lbs) | Percentage Overweight | Equivalent Weight 5'4" Adult Female | Equivalent Pounds Overweight - Adult Female | BMI for 5'4" Adult Female | Equivalent Weight 5'9" Adult Male | Equivalent Pounds Overweight - Adult Male | BMI for 5'9" Adult Male |
|--------------------|-----------------------|-------------------------------------|---|---------------------------|-----------------------------------|---|-------------------------|
| 175                | 0%                    | 108                                 | 0   | 18.5                      | 125                               | 0   | 18.5                    |
| 190                | 0%                    | 145                                 | 0   | 24.9                      | 169                               | 0   | 25.0                    |
| 195                | 3%                    | 149                                 | 4   | 25.5                      | 173                               | 4   | 25.6                    |
| 200                | 5%                    | 153                                 | 8   | 26.2                      | 178                               | 9   | 26.3                    |
| 205                | 8%                    | 156                                 | 11  | 26.9                      | 182                               | 13  | 26.9                    |
| 210                | 11%                   | 160                                 | 15  | 27.5                      | 187                               | 18  | 27.6                    |
| 215                | 13%                   | 164                                 | 19  | 28.2                      | 191                               | 22  | 28.2                    |
| 220                | 16%                   | 168                                 | 23  | 28.8                      | 196                               | 27  | 28.9                    |
| 225                | 18%                   | 172                                 | 27  | 29.5                      | 200                               | 31  | 29.6                    |
| 230                | 21%                   | 176                                 | 31  | 30.1                      | 205                               | 36  | 30.2                    |
| 235                | 24%                   | 179                                 | 34  | 30.8                      | 209                               | 40  | 30.9                    |
| 240                | 26%                   | 183                                 | 38  | 31.4                      | 213                               | 44  | 31.5                    |
| 245                | 29%                   | 187                                 | 42  | 32.1                      | 218                               | 49  | 32.2                    |
| 250                | 32%                   | 191                                 | 46  | 32.7                      | 222                               | 53  | 32.8                    |
| 255                | 34%                   | 195                                 | 50  | 33.4                      | 227                               | 58  | 33.5                    |
| 260                | 37%                   | 198                                 | 53  | 34.1                      | 231                               | 62  | 34.1                    |
| 265                | 39%                   | 202                                 | 57  | 34.7                      | 236                               | 59  | 34.8                    |
| 270                | 42%                   | 206                                 | 61  | 35.4                      | 240                               | 71  | 35.5                    |
| 275                | 45%                   | 210                                 | 65  | 36.0                      | 245                               | 76  | 36.1                    |
| 280                | 47%                   | 214                                 | 69  | 36.7                      | 249                               | 80  | 36.8                    |
| 285                | 50%                   | 218                                 | 73  | 37.3                      | 254                               | 85  | 37.4                    |
| 290                | 53%                   | 221                                 | 76  | 38.0                      | 258                               | 89  | 38.1                    |
| 300                | 58%                   | 229                                 | 84  | 39.3                      | 267                               | 98  | 39.4                    |
| 310                | 63%                   | 237                                 | 92  | 40.6                      | 276                               | 107                                       | 40.7                    |
| 320                | 68%                   | 244                                 | 99  | 41.9                      | 285                               | 116                                       | 42.0                    |
| 330                | 74%                   | 252                                 | 107   | 43.2                      | 294                               | 125                                       | 43.3                    |

