

Pet-to-Human Weight Equivalent Chart

German shepherd

Dog's Weight (lbs)	Percentage Overweight	Equivalent Weight 5'4" Adult Female	Equivalent Pounds Overweight - Adult Female	BMI for 5'4" Adult Female	Equivalent Weight 5'9" Adult Male	Equivalent Pounds Overweight - Adult Male	BMI for 5'9" Adult Male
75	0%	108	0	18.5	125	0	18.5
95	0%	145	0	24.9	169	0	25.0
97	2%	148	3	25.4	173	4	25.5
99	4%	151	6	25.9	176	7	26.0
101	6%	154	9	26.5	180	11	26.5
103	8%	157	12	27.0	183	14	27.1
105	11%	160	15	27.5	187	18	27.6
107	13%	163	18	28.0	190	21	28.1
109	15%	166	21	28.6	194	25	28.6
111	17%	169	24	29.1	197	28	29.2
113	19%	172	27	29.6	201	32	29.7
115	21%	176	31	30.1	205	36	30.2
120	26%	183	38	31.4	213	44	31.5
125	32%	191	46	32.7	222	53	32.8
130	37%	198	53	34.1	231	62	34.1
135	42%	206	61	35.4	240	71	35.5
140	47%	214	69	36.7	249	71	36.8
145	53%	221	76	38.0	258	89	38.1
150	58%	229	84	39.3	267	98	39.4
160	65%	239	94	41.0	279	110	41.2
170	79%	259	114	44.5	302	133	44.7
180	89%	275	130	47.2	320	151	47.3
190	100%	290	145	49.8	338	169	49.9

